

PODCAST PLAYERS

| Podcast Player | Available On | | Notes |
|-----------------|--------------|---------|---|
| | iPhone | Android | |
| Apple Podcast | √ | | Listen on Apple Podcasts |
| Castbox | √ | √ | Listen on Castbox |
| Google Podcasts | | √ | Listen on Google Podcasts |
| iHeart Radio | √ | √ | Listen on iHeart Radio |
| Overcast | √ | | Listen on Overcast |
| Pocket Casts | √ | √ | Listen on Pocket Casts |
| Podchaser | √ | √ | Listen on Podchaser |
| Spotify | √ | √ | Listen on Spotify |
| | | | |
| Amazon Alexa | * | * | Simply say “Alexa – Play Midlife Madness Podcast” |